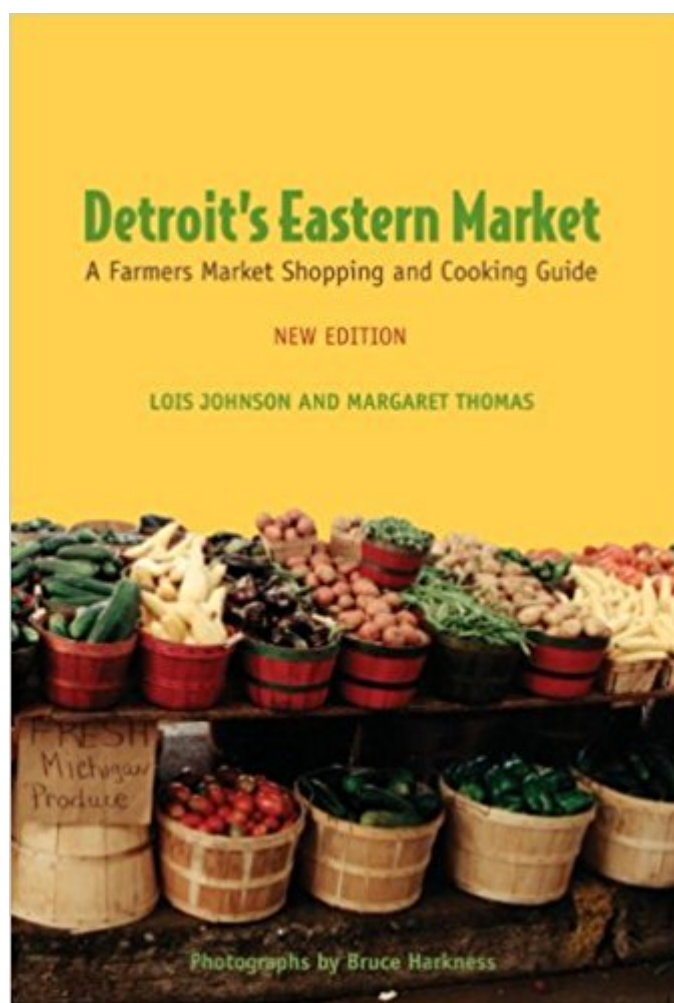


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Detroit's Eastern Market: A Farmers Market Shopping And Cooking Guide, New Edition



Synopsis

Since 1887, Detroit's Eastern Market, the largest open-air wholesale/retail market of its kind in the United States, has been home to an amazing community of farmers, merchants, and food lovers. Specialty shops, bakeries, spice companies, meat and poultry markets, restaurants, jazz caf  s, old-time saloons, produce firms, gourmet shops, cold-storage warehouses, and much more cover the Eastern Market's three square miles. Its many streets and vendors reflect the varied cultures and ethnicities that have shaped the city of Detroit. In this new edition of Detroit's Eastern Market, authors Lois Johnson and Margaret Thomas recount the history of the market with additional stories and personal accounts of families who have worked and shopped there for as many as four generations. The authors have updated store hours and added new restaurants to their original listing of the numerous businesses that line the Eastern Market's streets-and there is now a map to guide your Market adventures. Also with thirteen new recipes, Detroit's Eastern Market features more than eighty pages of delightful recipes from market retailers, farmers, chefs, and customers.

Book Information

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Customer Reviews

...The book opens with an examination of the market's 100-year history, discusses the stores and restaurants that circle the perimeter of the market, and interviews some of the vendors who are regulars on Saturdays. Many vendors began selling at the market as children, working in their parents' or grandparents' stalls. The book also documents historic events such as the Corned Beef

War of 1975, when two butchers undercut each other's prices until Ronnie's Quality Meat wound up giving their corned beef away. The authors say they consciously decided to omit discussion of the market's often whispered-about seamy side. "That's another book," says Johnson. The second half of the book consists of recipes collected from market vendors and customers. Johnson is enthusiastic about the recipe for beet cake contributed by Helen Penziew, who grows beet in Imlay City. Johnson is a 30-year Eastern Market enthusiast who lives in Pleasant Ridge. Co-author Thomas lives near the market. The two worked on the self-published book for four years. -- Detroit's Metrotimes, January 12-18 --This text refers to an out of print or unavailable edition of this title.

New edition of this guide to Detroit's renowned open-air farmers market, featuring stories and recipes from four generations of families.

This a great little book. It gives some history of Eastern Market, details some of the sellers and products you find, and also offers up some recipes that feature local ingredients. A good companion for anyone who shops regularly at Eastern Market, as well as a great introduction to those who have never gone down there.

Sure, Margaret Thomas is a good friend of mine, but I can still manage to be objective. This is a really great book. Set out as a walking guide to the Market, the text is clear and informative, but maintains a friendly, informal style, just as if you are walking along with the authors in the Market. You will learn about the Market's nearly 200 year history, meet the store owners and get some great recipes while on your "walk". Of course, all the ingredients can be found right in this open air marketplace. Michigan is a four season state, and this market is open in all seasons, not just summer. A section featuring 8 full menus is organized by seasons-A spring Mediterranean feast features lamb, summer brings fresh salads, autumn has satisfying soups, and a winter highlight is veal scaloppine. In the index, you will also find individual recipes from appetizers to vegetables (more than 25 unique offerings for vegetables alone) The recipes come from shop owners, employees, farmers, dealers, shoppers and restaurant owners, as well as the authors themselves. Wonderful color photos by Bruce Harkness capture the hustle and bustle of the Eastern Market, and spotlight fresh Michigan Produce. Like the market itself, this book is "highly useful, convenient and beneficial".

I also as the first reviewer know the authors Lois Johnson and Margaret Thomas. Their approach to

writing to me is as fresh as the produce found in the market. I was extremely lucky recently to be part of a tour of the market led by them. Their enthusiasm for the subject is very evident first hand as is their obvious repore with the traders who generally greet the authors with smiles and hugs. The whole experience I felt was very worthwhile as is reading the book. It has become a stock "Detroit" gift, when I go back to England I take copies for my family and friends who delight in this little piece of Americana.

Margaret Thomas and Lois Johnson did a splendid job writing "Detroit's Eastern Market". I found the book a delight because I not only shopped there many times but when I was a young I sold produce there grown on my Uncles farm in Northville, MI.. I tried some of the recipes and again I was very impressed. I conceder myself a friend of Margaret and hope to have my copy of her book signed soon and cook a dish from the book for her too.

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